

Ride a bike or would like to try. Come along and enjoy a picnic day with past and present members of the Australian Defence Force and their families.







If you ride a bike or are interested in recreational cycling, then this is your chance to come along and give it a go. Enjoy a day with other past and present members of the Australian Defence Force and bring your family.

VetRide invites you to be a part of a recreational cycling day and thanks to a grant from the Victorian Office of Veterans / Victorian Veterans Council, we will be providing lunch, hot/cold refreshments, snacks & other essentials.

This is a one-day event that will take place on Sunday 17th March 2024, between 10 am and 4 pm. We will be based at the Woori Yallock Station, where there is parking available. https://maps.app.goo.gl/zE4S3kEYhaFZGWBPA Upon arrival, please sign in at our VetRide trailer where thanks to Beraldo coffee, we have a barista to look after you.



Woori Yallock station 1960s



The day will include a supervised ride on the Lilydale Warburton Rail Trail* and the opportunity to cycle as individuals, families or groups of your choosing on a flat section of the trail. For those of you who like more challenge the trail offers up to a 40k there and back ride to either direction, the Warburton ride having more climbing than that to Lilydale.

Even if you have never ridden a bike but would like to give it a try, we will have a few extra bikes available and one of our experienced riders to take you through everything, ranging from bike fit to group riding etiquette, maintenance, and repairs.



*Lilydale to Warburton Rail Trail 40 km recreation trail that follows the path of the historical railway line through the stunning Yarra Valley starting behind Lilydale Railway Station and finishing in the Warburton township.

If you would like to ride with us please complete the Entry Form and the Rider Declaration, then email the Entry Form / Rider Declaration to our Secretary at <u>secretary Ovetride.org</u> or post and mark to the attention of the VetRide Secretary: John Molina c/o Greensborough RSL, 111 Main Street, Greensborough VIC 3088.

Photos may be taken at our event and your permission is required to have your photo taken so we can include the images in any future VetRide publication, print and/or electronic publication.

ENTRY FORM

Please see the VetRide website at www.vetride.org/ for further information about the event and update bulletins. VetRide strongly recommends that riders who do not already have personal accident cover, take out appropriate personal insurance for the duration of the event.

Personal and Contact Details:

Name
Address
TelephoneEmail
RIDER DECLARATION:
I hereby acknowledge that I am responsible for my personal possessions and equipment during the period of the VetRide event on Sunday 17 th March 2024.
I hereby attest that that my physical and mental capacity to undertake the level of ride that I intend, has been verified by a licensed medical practitioner.
I give consent to any medical treatment that may be deemed necessary in the event of injury, accident and/or illness before, during or after the said event.
In consideration of and as a condition for acceptance of my entry in the said event for myself, my heirs, executors and administrators, I hereby waive all and any claim, right or cause of action which I or they might otherwise have for or arising out of loss of my life or injury damage or loss of any description whatsoever which I might sustain in the course or consequence upon my entry or participation in the said event.
This waiver, release, and discharge, shall be operated separately in favour of all persons, corporations and bodies involved or otherwise engaged in promoting or staging the event and the servants, agents, representatives and officers of any of them and includes but is not limited to VetRide Incorporated, or other organisations or sponsors and shall so operate whether or not the loss, injury or damage is attributed to act or neglect of any or none of them.
Signature: Date:
Signature of Parent or Guardian:

(A parent or guardian must sign this declaration if the rider entrant is under the age of 18 years during this event)